

THE CHRONICLE

ROSEBUD RETIREMENT VILLAGE

MONTHLY NEWSLETTER

April 2019



Here are our wonderful models at the Kay's Fashion Parade and Box Luncheon held at RRV on Thursday 28th March.

**Judy Cupido, Evie Walker, Kath Miller, Heather Counsel,
Ursula Kidd and Kate McSpadden**

Thank you ladies you did us all proud !

Message from Deb – April 2019

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March was quite a whirlwind with all of the marketing activities, meetings and functions.

Thank you to the Residents who took part in The Manager’s Challenge in March. Not only did Residents get exercise, some went to parts of the Village they had never been to before. Fun was had by all involved and the overall winner was Kate McSpadden.

Every couple of months I hope to have something a little different for Residents. On May 30th at 1.30pm we will be having The Village Chase. My Village Team is Judy Cupido, Kate McSpadden, Wendy Barnes and Patricia Pound. Come along and see if my team can beat the Chaser – The Old Fossil. You will find out who The Old Fossil is when you come along!

We are trying to encourage more involvement by Residents in various activities. More people have been coming along to the Board Game afternoons, there have been some very good numbers at Tavern and Bingo is always popular. We would love to see more men at activities; those that do attend are far outnumbered by the ladies.

Thank you for the tremendous support for the Biggest Shave for the Leukaemia Foundation. I almost tripled my target! Thank you also to Jane who donated her skills at the shave in the Community Centre and it was great to have so many Residents witnessing the shave. The one thing I have noticed is how cold half of my head now gets – a little price to pay for such a good cause.

We have the Resident Forum on 11th April at 2.00pm. This will be an informal forum in a question and answer format. Our local Federal Member of Parliament, Greg Hunt, is conducting a Forum at the Village on 18th April at 2.00pm also in a Q&A format. Greg will field questions on any issues concerning Residents, however as Health Minister he would like to discuss issues around health and ageing well also.

This month we will welcome a new Resident, Lois Greene, who is moving into Unit 83. Lois is Merle Watson’s sister, so she has some idea about Village life. We hope she settles in quickly into her new home and enjoys the great activities on offer.

A new door has been put onto Reception which has a key code. We have had things going missing and Residents using the telephone. Also as this area may have some documentation that requires privacy and confidentiality, it was determined that a door be installed. Having this locked door ensures compliance with the Health Data Privacy Laws. My open door policy still stands, however it just means that staff will have to provide access for Residents.

Our Footy Tipping Competition started in March. Each Monday I tally up the results and put a poster up with our leaders. The total prize pool is \$410.

Following on from Kim Jackson’s article in The Chronicle last month. The ACCC has developed a website which has details on types of scams, the latest scams and where you can report a scam. If you google “The Little Black Book of Scams” you can download a PDF version.

Congratulations to Diane Blake who celebrated 10 years at the Village on 15th March. Di has been a dedicated and caring nurse and is a great asset to the Village.

This month’s recipe is Cambodian-style Fish based on a Kylie Kwong recipe. It has great flavours and is very easy.

My quote of the month relates to my hair shave. Coco Chanel said “A woman who cuts her hair is about to change her life”. Just imagine what a half shaved head can do!!

DEB'S RECIPE OF THE MONTH -

Cambodian-Style Fish

3 Garlic Cloves

2 Spring Onions chopped

3cm fresh Ginger (or equivalent from a jar – I use Masterfoods chopped fresh ginger)

2 Lemongrass stalks, trimmed and finely sliced (if you can't get fresh, buy a tube from the fruit & veg section of the supermarket – the brand I have used is Gourmet Garden)

½ teaspoon Turmeric Powder

1 teaspoon Paprika Powder

2 tablespoons Fish Sauce

1 tablespoon Brown Sugar

1 x 400g can Coconut Milk

4 Kaffir Lime Leaves (I buy chopped kaffir lime leaves in a jar – brand is Valcom)

450g firm, white-fleshed fish, cut into 2cm chunks (I like to use Blue Eye)

Juice of 1 Lemon

Place garlic, spring onion, ginger, lemongrass, turmeric, paprika, fish sauce and brown sugar in a blender and process until finely blended. Add the coconut milk and process again until thoroughly blended.

Transfer the coconut mixture to a heavy-based pan. If using fresh kaffir lime leaves, crush in your hand to release the aroma; if using leaves from a jar put in a heaped teaspoon; add to the pan. Bring coconut mixture to the boil then reduce to a gentle simmer. Cook for 10 minutes to allow the flavours to infuse and the liquid to reduce slightly.

Add the fish chunks and poach gently for 4-5 minutes. Stir through lemon juice, then transfer to a serving bowl and serve immediately.

I have also added sliced bok choy at the same time as the fish. Serve with rice.

Serves 2; serves 4 as part of a shared meal.

Note: fresh lemongrass is much more fragrant and tastier than the tube



Cheers to our amazing manager Deb who had her luscious locks half shaved off in recognition of blood cancer and to help Aussie families beat it.



Also Many thanks to Jane our hairdresser who donated her time and expertise to do the shave.

Thank you Deb and all who supported her as over \$1500.00 was raised!



FROM ADMIN ANNIE

Could all residents who haven't already, please make sure they advise of any changes to phone numbers/contact details by April 15th as a new phone list will be going out at the end of April. You will have received 2 blue slips to fill in –one about your phone number the other email preferences.

KITE FESTIVAL DISPLAY TENT WITH DEB, LOTHAR & MARGEURITE



EMERGENCY ACCESS

There are Units that are fenced and have gates at the rear. The Manager and Residents Committee advise that gates are NOT to have locks put on them. This is not only an issue for access for the maintenance team to undertake mowing and checks on the exterior of Units, but it is a major issue in the case of an emergency. There have been occasions where a Resident has fallen inside at their front door and ambulance have needed to access via the rear of the Unit. All Residents are required to comply with this rule.

INS Lifeguard

INS Lifeguard have a new activity and safety monitoring system coming soon. The service uses one or more low-cost Infra-Red motion detectors or “SmartHome Mates” to passively monitor a user's surroundings. It then reports back to a family member or carer who can check on the user to ensure all is well.

Signals from the detectors are sent back to INS where they are recorded and checked against pre-set criteria to check whether assistance is required. The criteria that triggers an alert can be set up via the INS secure Client Web Portal at any time. Examples of triggers are:

- User hasn't left their bedroom by 8am (to detect if the person is up and about)

- User hasn't moved around the lounge room between 8am and 11am (to ensure they are active and moving around)
- User hasn't entered the bedroom by 9pm (to check if they've gone to bed)
- User hasn't walked into the kitchen at usual meal times (to detect significant changes in behaviours and that they have eaten)

Notifications are sent whenever triggers occur. This can include displaying the notification in the Client Portal as well as sending a notification to family or a carer.

There is also an additional system for home security monitoring.

If Residents are interested in this new system, at their own cost, you can contact INS on 1800 636 040.

Current Water Restrictions

Victoria currently has Stage 1 water restrictions in place. You can water residential or commercial gardens and lawns at any time, on any day using a hand-held hose fitted with a trigger nozzle.

You can **water** gardens and lawns using a **watering** system (manual, automatic, spray or dripper) only on alternate days between 6am - 10am and 6pm - 10pm.

These restrictions must be enforced at the Village and the fine for non-compliance with Stage 1 water restrictions is \$358.

FROM THE NURSES

Games day happens every Thursday afternoon from 2pm unless advised otherwise at present there is between 6 and 8 people attending. We play Connect 4, Cards, Draughts, Dominoes, Rummikins



**Nurse Diane with her King Charles Spaniel 'Buddy' -
Still such a bubbly, happy, nurse & friend after 10 years service !**

We recently had a visit from a RACV representative who spoke about driver safety.
For the next few months we will be placing various road rules for residents to read:

Passing law enforcement and emergency vehicles

From **1 July 2017** a new road rule has been introduced to improve safety for our emergency and enforcement workers.

You must slow down to a speed that would enable you to stop safely when approaching and passing enforcement, emergency or escort vehicles that are stationary or moving slowly (less than 10km/h)*, and have either:

- Red and blue flashing lights
- Magenta (purple flashing lights)
- An alarm sounding.

You must not exceed 40km/h when passing the vehicle and not increase your speed until a safe distance from the scene.

The new road rule does not apply to vehicles on the opposite side of a divided road (separated by a median strip) from an emergency or enforcement vehicle scene.

* A fire truck extinguishing roadside spot fires is an example of a slow moving emergency vehicle.

Flu vaccinations will be available in May this year. We will place a list out for residents to note their interest later in the month. Dr Gokhale has advised that the health authorities have determined that the flu vaccine is more effective if given just prior to the advent of the flu season proper rather than a month or two prior.

THE APRIL BIRTHDAY LIST

4th Donald Crawford
16th Irene Uttley
20th Len Uttley
29th Ursula Kidd
30th Eric Lee

Happy Birthday to you all from the Staff and Residents.

RESCOM NEWS

Would any residents who would like to have a vegetable patch to sow, grow & look after please let John Harrison know ASAP.

Also, the vegetable garden area will be renovated and the new beds raised to a more comfortable working height, but, before that happens, can I have a some volunteers who are willing and able to form a small working bee and help clear all the light rubbish out of the area before the heavy work is undertaken by others.

SOCIAL CLUB NEWS

Our next monthly dinner will take place on Saturday 13th April from 5:30pm with Michael Humble entertaining us. \$20 per person with money collected on Thursday 4th April between 11am and 12 noon. List for names is now up with meal and entertainment details.

We are working with the Mornington and Cranbourne race clubs to book one or two seniors days this year with those clubs. Those members who support the Supplotto program will receive subsidies to these events.

Your Social Club is very pleased with the level of support of recent events at the Village including Monthly Dinners, The Tavern, and Kay's Fashions with the box luncheon and fashion parade.

The social club is putting the \$976 raised at the Bunnings sausage sizzle toward the building of the new Bocce court.

THE LATEST MANDALA ART DISPLAY

The group meets at 10 am every Monday morning.



A full list of monthly activities Residents can get involved with at RRV is attached at the end of the Chronicle.

LIBRARY NEWS

New small-print and large-print books have recently been added to the library. Please do not take "unprocessed" books from the cupboards, or put DVDs in them. It would be appreciated if you could record the date you return books on the slip inside the front cover – this helps us to ascertain how often a book is borrowed.

Once again, many thanks to everyone who has donated books recently. - Patricia and Marj

THE GARDEN CLUB



As always, we are desperately in need of volunteers for a couple of hours from 9am on Thursday mornings. Morning tea break for a nice chat included. Currently Dawn Pilkington, Marj & Jim Plail and Ursula Kidd are on their own working to keep our common ground flower gardens tidy and blooming. Surely even one person could step up to help !!!

Dawn Pilkington



WALKING PROGRAMME FOR APRIL 2019

During Daylight Saving Time our walks will commence at 9.00am unless stated otherwise

Tuesday 2 April

Bushrangers Bay commencing from Boneo Road. There is some undulation on this walk.

Tuesday 9 April

A foreshore walk commencing at Chinaman's Creek and walking towards Rye.

Tuesday 16 April

We will walk along the cliff top from Hughes Road towards Sorrento back beach. Once again there are quite a few hilly bits on this walk.

Tuesday 23 April

We will do a circuit walk around the Country Club estate and coming back along the freeway extension.

Tuesday 30 April

Red Hill Equestrian Trail.

Judy Cupido Convener

VISIT FROM WATERFALL GULLY PRE-SCHOOL

17 Residents really enjoyed todays visit from Waterfall Gully Preschool today (March 29th).

The children had stories read to them. They joined in together with some drawing and threading. Finishing off the visit with some songs.

What some of the children really loved were your letterboxes, so look out you might get some more mail next visit.

We look forward to the next visit on Monday the 13th of May at 11.00am.



ANZAC DAY 2019



**There will be a service held once again in the Village
on ANZAC Day commencing at 10:30am.
Residents are invited to bring photos and memorabilia
for display on our memorial table.**

LEST WE FORGET

EASTER – 2019

The Meaning of Easter

As Christmas is celebrating Jesus' birth, Easter is celebrating Jesus' victory over death and mankind's hope for eternal life. The highlights behind the Easter story include Jesus' execution, His burial and, most importantly, His rising from death.

The account of Jesus' rising from death was recorded in the most authoritative historical records, the Gospel books: Three days after His death, a few women first found His tomb empty. Then Jesus appeared in front of these women and His disciples, talking and eating with them. Out of doubts still, one disciple did not believe Jesus was alive again until he actually touched Jesus' fatal wounds. In the following forty days, hundreds of people witnessed this Jesus who had returned from death until He ascended to Heaven.

Before His death, Jesus had promised eternal life to those who followed Him. If the story ended at His death, Jesus would have been no more than a religious figure with a finite life span. But the fact the Jesus rose from death demonstrated He has the power over death, and only through Him can people have hope for eternal life. Jesus said, "For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life" (John 3:16).

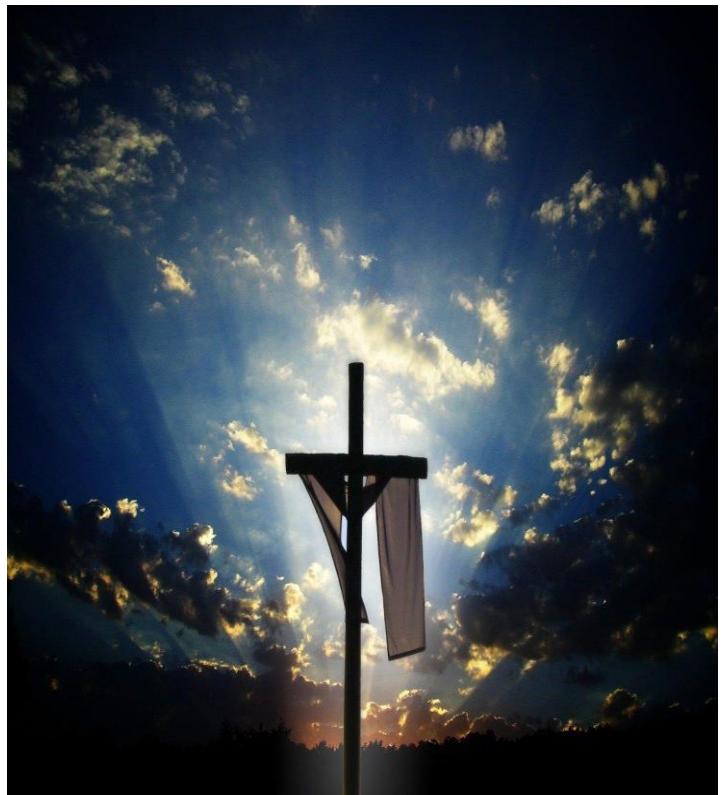
Easter Eggs

Easter is a religious holiday, but some of its customs, such as Easter eggs, are likely linked to pagan traditions. The egg, an ancient symbol of new life, has been associated with pagan festivals celebrating spring. From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and resurrection.

One explanation for this custom is that eggs were formerly a forbidden food during the Lenten season, so people would paint and decorate them to mark the end of the period of penance and fasting, then eat them on Easter as a celebration.

Easter egg hunts and egg rolling are two popular egg-related traditions. In the U.S., the White House Easter Egg Roll, a race in which children push decorated, hard-boiled eggs across the White House lawn, is an annual event held the Monday after Easter. The first official White House egg roll occurred in 1878, when Rutherford B. Hayes was president. The event has no religious significance, although some people have considered egg rolling symbolic of the stone blocking Jesus' tomb being rolled away, leading to his resurrection.

EASTER 2019

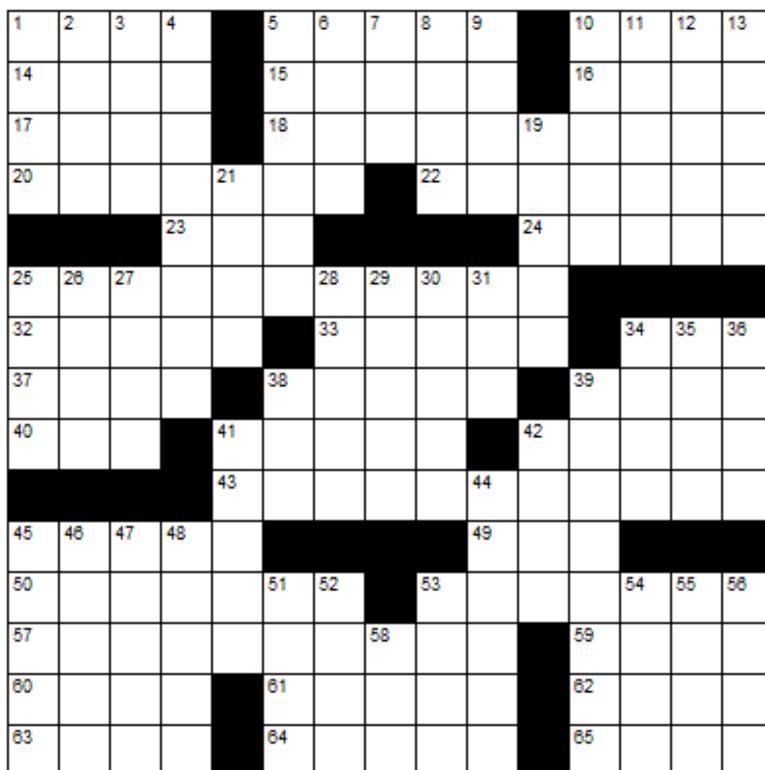


DON'T FORGET THE CROSS

MONTHLY CROSSWORD

ACROSS

1. Appear
5. Naughts
10. Wanes
14. Diatom
15. Put forth, as effort
16. ___ du jour = Meal of the day
17. Shower
18. Cubbyhole
20. Perceptiveness
22. The presiding officer
23. Cook in hot oil
24. What place?
25. Science investigators
32. Pretentious
33. Product of bees
34. Bleat
37. Pace
38. Light purple
39. Graphic symbol
40. East southeast
41. Data stream manipulator
42. Slowly, in music
43. Being filled with wonder
45. Muscle contraction
49. Hearing organ
50. Snipped
53. An endocrine gland
57. Opposition
59. Relating to aircraft
60. Qualified
61. Revere
62. Trigonometry (abbrev.)
63. G G G G
64. Clan emblem
65. Cocoyam

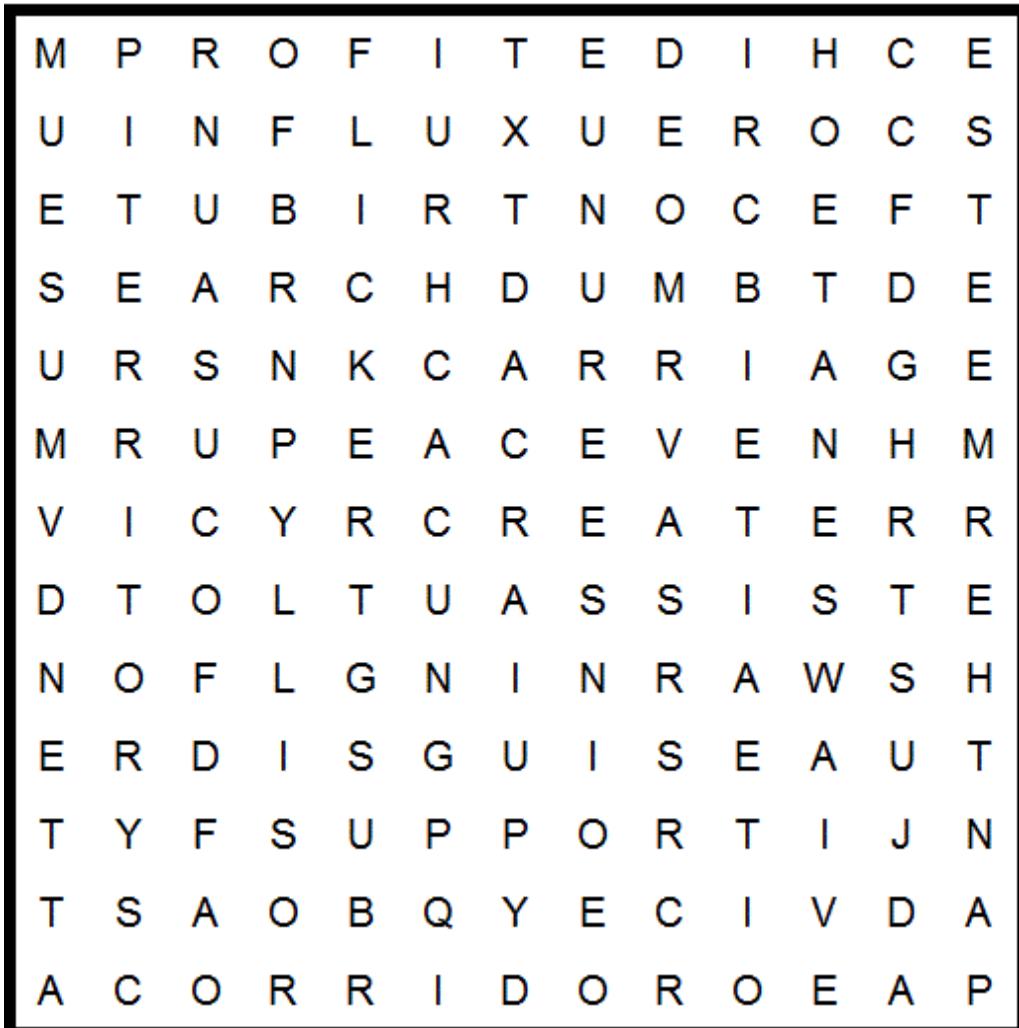


DOWN

- | | | |
|---------------------------------|------------------------|------------------------|
| 1. Indian dress | 19. Chatty | 41. Temporary |
| 2. Distinctive flair | 21. A neutral color | lodgings |
| 3. Auspices | 25. Anger | 42. Teller of untruths |
| 4. Apparent | 26. Historical periods | 44. Ransom |
| 5. Greek god of the west wind | 27. Anagram of "Ties" | 45. Scrawny one |
| 6. Way out | 28. Scold | 46. Academy |
| 7. Regulation (abbrev.) | 29. Gaps | freshman |
| 8. Mining finds | 30. Make into law | 47. Lane |
| 9. Cease | 31. Record (abbrev.) | 48. Secret agents |
| 10. Ancient unit of dry measure | 34. Built in bed | 51. French for "State" |
| 11. Fellow | 35. Pot | 52. Carpenter's groove |
| 12. A machine for baling hay | 36. Many millennia | 53. Unit of land |
| 13. Cubic meter | 38. Not high | 54. Egghead |
| | 39. Play | 55. Dry |
| | | 56. Corporate image |
| | | 58. Excluding |

Solutions to March Crossword are at the end of this Chronicle

MONTHLY WORD SEARCH



about	cans	esteem	museum	senate
adjust	carriage	even		silly
advice	chide		panther	support
assist	contribute	figure	peace	
attend	corridor	flicker	profited	territory
boast	county	focus	puns	
	create	future		waive
	disguise		score	warning
	dumb	influx	search	were
			seer	

MINI TRIVIA (Answers at end of the Chronicle)

- 1 Which Australian state introduced the world's first legislation for compulsory wearing of seat belts
- 2 A red lion on a white disc appears on the flag of which Australian state
- 3 Who is the only person to be named Young Australian of the year and Australian of the year
- 4 On which day of the year does the Sydney to Hobart yacht race start
- 5 In which year was decimal currency introduced in Australia
- 6 Who was Australia's only female Governor-General

CHUCKLER'S CORNER



CURIOS QUESTIONS

Can you cry under water?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they 'slept like a baby' when babies wake up like every two hours?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Why is 'bra' singular and 'panties' plural?

Why do toasters always have a setting that burns the toast to a horrible crisp, which no decent human being would eat?

Why does Goofy stand erect while Pluto remains on all fours? They're both dogs!

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him for a car ride, he sticks his head out the window?

Why, Why, Why do we press harder on a remote control when we know the batteries are getting dead?

Why do banks charge a fee on 'insufficient funds' when they know there is not enough money?

Why doesn't Tarzan have a beard?

Why does Superman stop bullets with his chest, but ducks when you throw a revolver at him?

Why do Kamikaze pilots wear helmets?

Why do people constantly return to the refrigerator with hope that something new to eat will have materialized?

How do those dead bugs get into those enclosed light fixtures?

.... and finally –

How come you never hear father-in-law jokes?

THE NEW EDITION STEDMAN'S MEDICAL DICTIONARY

ARTERY	A study of paintings
BACTERIA	Back door of a cafeteria
CAESAREAN SECTION	A neighbourhood in Rome
CAT SCAN	Searching for Kitty
CAUTERISE	Made eye contact with her
COMA	A punctuation mark
DILATE	To live longer
LABOUR PAIN	Getting hurt at work

JAN SMITH'S CORNER

Last month's answer to 'who is the mystery man in the village' is – Norval Wynne. Norval has led a very interesting life and is also a wonderful neighbour to Bob and me.

Top Tips

If you have some left overwine, pour it into ice cubes and freeze and then use in casseroles or stews. Lemons – When only a small amount of lemon juice is needed, pierce the lemon with the point of a knife or skewer, then squeeze the juice through the hole.

Finally – Here is a tongue twister to try – Sixth sick sheik's sixth sheep's sick !

Here are two articles submitted by Harry Pels –

Firstly I would like to comment on a recent monthly dinner which was a huge success, not the least due to the efforts of our social volunteers (no names), but we know who they are. Nothing is too much for them, not just at dinners, but always. Without them the village would not be the great place it is.

However, I lost my keys that evening at the dinner, so early Sunday morning I went to the hall to see if they were there and I saw a miracle. Everything was cleaned up, all tables and chairs neatly in place, surplus furniture removed, the kitchen looked as though it had not been used, and the tables were already set up for a private function in the afternoon that was beautifully decorated, including football club coloured balloons (but sorry wrong colours as I am a Cats supporter) ! When I found out who had done all this work straight after a monthly dinner I knew I had seen a true miracle !

Oh, and by the way, my keys were neatly waiting for me on the foyer table where I would see them.

Secondly –

Think Positive

If you think you are beaten, you are

If you think you dare not, you don't

Success begins with your own will ...

It's all in your state of mind.

Life's battles are not always won by those who are stronger or faster;

Sooner or later the person who wins,

Is the person who thinks they can !

Steve Jobs the founder of ‘Apple Corporation’ Died a billionaire at age 56.

This is his final essay:

I reached the pinnacle of success in the business world. In some others' eyes, my life is the epitome of success. However, aside from work, I have little joy. In the end, my wealth is only a fact of life that I am accustomed to. At this moment, lying on my bed and recalling my life, I realize that all the recognition and wealth that I took so much pride in have paled and become meaningless in the face of my death.

You can employ someone to drive the car for you, make money for you but you cannot have someone bear your sickness for you. Material things lost can be found or replaced. But there is one thing that can never be found when it's lost - Life. Whichever stage in life you are in right now, with time, you will face the day when the curtain comes down.

Treasure love for your family, love for your spouse, love for your friends. Treat yourself well and cherish others. As we grow older, and hopefully wiser, we realize that a \$300 or a \$30 watch both tell the same time. You will realize that your true inner happiness does not come from the material things of this world. Whether you fly first class or economy, if the plane goes down - you go down with it.

Therefore, I hope you realize, when you have mates, buddies and old friends, brothers and sisters, who you chat with, laugh with, talk with, have sing songs with, talk about north-south-east-west or heaven and earth, that is true happiness! Don't educate your children to be rich. Educate them to be happy. So when they grow up they will know the value of things and not the price. Eat your food as your medicine, otherwise you have to eat medicine as your food.

The One who loves you will never leave you for another because, even if there are 100 reasons to give up, he or she will find a reason to hold on. There is a big difference between a human being and being human. Only a few really understand it. You are loved when you are born. You will be loved when you die. In between, you have to manage!

The six best doctors in the world are sunlight, rest, exercise, diet, self-confidence and **friends**. Maintain them in all stages and enjoy a healthy life."

SALTBUCK BILL – THE BALNARRING CONNECTION

When Roderick William Mills was born in Balnarring in 1869 there was nothing to suggest that one day, as 'Saltbush Bill', he would thrill audiences world wide with his whip-cracking skills and even perform for royalty at Buckingham Palace, or that his name would enter folklore through the poems of Banjo Paterson.

As a fourteen year old, Roderick, or 'Dod' as he was known, went to outback Queensland where he worked on a cattle station. An excellent horseman, he spent many hours out in the saltbush on his horse. The station owner dubbed him 'Saltbush Bill'. His exploits as a drover and bushman are said to have provided inspiration for Andrew Barton 'Banjo' Paterson when he created his Saltbush Bill character. Paterson's first poems were published in the Bulletin in 1885 and his bush poetry became highly popular. They were rollicking tales in verse, full of laconic humour that reflected the isolated life of those in the Outback as typified by stereotype characters –

Paterson's 'Saltbush Bill' was first published in 1894. The character was a drover, easy going yet shrewd, knowledgeable in both bush law and lore that he used to his own advantage. Saltbush Bill appeared in five of Paterson's poems and the name became synonymous with Outback Australia.

SALTBUCK BILL – BY ANDREW BARTON PATERSON

*Now is the law of the Overland, that all in the West obey –
A man must cover with travelling sheep a six mile stage a day;
But this is the law that the drovers make, right easily understood,
They travel their stage where grass is bad, but they camp where the grass is good;
They camp and they ravage the squatter's grass till never a blade remains.
Then they drift away as the white clouds drift on the edge of the saltbush plains:
From camp to camp and from run to run they battle it hand to hand
For a blade of grass and the right to pass on the track of the Overland.*

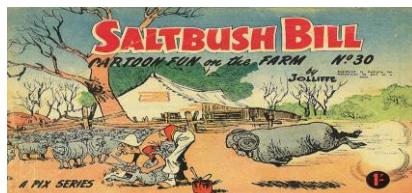
*For this is the law of the Great Stock Routes, 'tis written in white and black –
The man that goes with a travelling mob must keep to a half mile track;
And the drovers keep to a half mile track on the runs where the grass is dead,
But they spread their sheep on a well grassed run till they go with a two mile spread.
So the squatters hurry the drovers on from dawn to the fall of night,
And the squatter's and the drover's dogs get mixed in a deadly fight.
Yet the squatter's men, thought they haunt the mob, are willing the peace to keep,
For the drovers learn how to use their hands when they go with the travelling sheep;
But this is the tale of a Jackaroo that came from a foreign strand,
And the fight that he fought with Saltbush Bill, the King of the Overland !*

Now Saltbush Bill was a drover tough as ever the country knew,
 He had fought his way on the Great Stock Routes from the sea to the Big Barcoo;
 He could tell when he came to a friendly run that gave him a chance to spread,
 And he knew where the hungry owners were that hurried his sheep ahead;
 He was drifting down in the Eighty drought with a mob that could scarcely creep
 (When the kangaroos by the thousand starve, it is rough on the travelling sheep)
 And he camped one night at the crossing-place on the edge of the Wilga run;
 'We must manage a feed for them here,' he said or half of the mob are done !
 So he spread them out when they left the camp wherever they liked to go,
 Till he grew aware of a Jackaroo with a station-hand in tow.
 They set to work on the straggling sheep, and with many a stockwhip crack,
 they forced them in where the grass was dead in the space of the half-mile track;
 And William prayed that the hand of fate might suddenly strike him blue
 But he'd get some grass for his starving sheep in the teeth of that Jackaroo.
 So he turned and cursed the Jackaroo; he cursed him, alive or dead,
 From the soles of his great unwieldy feet to the crown of his ugly head,
 With an extra curseon the moke he rode and the cur at his heels that ran,
 Till the Jackaroo from his horse got down and went for the drover-man;
 With the station hand for his picker-up, though the sheep ran loose the while,
 They battled it out on the Saltbush plain in the regular prize ring style.

Now the new chum fought for his honour's sake and the pride of the English race,
 But the drover fought for his daily bread with a smile on his bearded face;
 So he shifted ground, and he sparred for wind, and he made it a lengthy mill,
 And from time to time as his scouts came in they whispered to Saltbush Bill –
 'We have spread the sheep with a two mile spread, and the grass is something grand;
 You must stick it to him, Bill, for another round for the pride of the Overland.'
 The new chum made it a rushing fight, though never a blow got home,
 Till the sun rode high in the cloudless sky and glared on the brick red loam,
 Till the sheep drew in to the shelter-trees and settled them down to rest;
 Then the drover said he would fight no more, and gave his opponent best.
 So the new chum rode to the homestead straight, and told them a story grand
 Of the desperate fight that he fought that day with the King of the Overland;
 And the tale went home to the Public Schools of the pluck of the English swell –
 How the drover fought for his very life, but blood in the end must tell.
 But the the travelling sheep and the Wilga sheep were boxed on the Old Man Plain;
 'Twas a full week's work ere they drafted out and hunted them off again,
 With a week's good grass in their wretched hides, with a curse and a stockwhip crack,
 They hunted them off on the road once more to starve on the half mile track.
 And Saltbush Bill, on the Overland, will many a time recite
 How the best day's work that he ever did, was the day that he lost the fight.

In 1888, Saltbush Bill married Hannah Porter and the couple raised 11 children. Bill created his reputation as a whip cracker when he won £100 for successfully cracking a 65 foot (19.8m) stockwhip. In 1912 Bill toured the UK with Bostock's 'Wild Australia' a government sponsored tour to promote Australia and King George V invited Bill to Buckingham Palace to give a performance to the Royal Household. Bill toured England, Ireland, Scotland, France and Germany before the Great War and North America during it. Roderick William Mills died in 1940 at the age of 71.

In 1924 a comic strip titled 'The Adventures of Saltbush Bill' appeared in The Herald newspaper. In the 1940's, Eric Joliffe created his Saltbush Bill, helping to keep alive the name of a lad born in Balnarring.



THE PREVIOUS STORY WAS WRITTEN BY JOHN PHILLIPS WHO IS THE BROTHER OF OUR OWN JILL KEEGAN (UNIT 5) AND I HOPE YOU ENJOYED HIS GREAT OCKER STYLE AS I DID.

BEAUTIFUL ENGLAND

The Black Bull pub in Haworth village, West Yorkshire is known for its association with the Brontë sisters, the village name is thought to mean "hedged enclosure".



No, that is NOT Dr Who's Tardis over there looking like a 'phone booth !



Pony trekking at Troutbeck in the English Lake District

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